

Barren River

DISTRICT HEALTH DEPARTMENT

Barren, Butler, Edmonson, Hart, Logan,
Metcalf, Simpson, and Warren Counties



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**Topic: COVID-19 GUIDANCE FOR COMMUNITY
FOR IMMEDIATE RELEASE**
4/8/2020-4/8/2020

DISTRICT COVID-19 UPDATES, WHEN TO SEEK CARE, & EMERGENCY GUIDANCE

The Barren River District Health Department has confirmed 68 cases of COVID-19 in the Barren River District, 17 of which have recovered. Barren County has three, Butler County has five, Edmonson County has six, Hart has one, Logan County has four, Simpson County has 14, and Warren County has 35. Our district has one death reported from COVID-19. We stand in solidarity with those affected during these difficult times.

In order to slow the spread of COVID-19, we must continue to follow recommendations provided by the CDC, the state, and Governor Andy Beshear. Practicing social distancing is the most important method for staying healthy. We urge Barren River residents to stay at home, and leave only for essential items such as groceries and medications. When possible, choose online ordering, delivery, and curbside pickup services to obtain these items. The Kentucky Department of Public Health has updated their guidelines of when to seek care. To ensure the sickest people receive care, help minimize the spread of infection, and maintain resources, please follow the guidelines below when considering whether to seek medical care.

Stay home

- If you are worried-well, please stay home. Call the Kentucky State Hotline at 1 (800) 722-5725 or the Barren River District Health Department's Local COVID-19 Information Line at (270) 781-8039.
- Going to a hospital or doctor's office adds to a higher concentration of people and overwhelms medical staff.

Call for advice

- If you are ill, but would not have sought care if not for COVID-19, do not seek in-person care at an emergency room, hospital, or doctor's office.
- Instead, call your local healthcare provider or local health department.

Seek care

- If you are sick and feel you have an emergency, please call your doctor or seek medical care.
- Hospitals and medical staff across the Commonwealth stand ready to serve you.



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1109 State St. • P.O. Box 1157 • Bowling Green, KY 42102
Phone: (270) 781-8039 • Fax: (270) 796-8946

www.BarrenRiverHealth.org



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When to call 911 for emergencies

- Call 911 if you:
 - Have difficulty breathing or are choking
 - Have an allergic reaction
 - Have symptoms of heart attack or stroke
 - Are confused, dizzy, or disoriented
 - Have difficulty walking, seeing, or speaking
 - Have sudden severe pain
- Do not call 911 if you:
 - Want information on COVID-19
 - Need a ride to your doctor's office
 - Have mild symptoms such as fever, cough, or shortness of breath; call your doctor or local health department
 - Want to get tested for COVID-19

For questions about COVID-19, call Kentucky's COVID-19 Hotline at (800) 722-5725, BRDHD's COVID-19 Information Line at 270-781-8039, visit www.barrenriverhealth.org/covid-19-information, or <https://govstatus.egov.com/kycovid19>.

To report non-compliance, call Kentucky's Non-Compliance Reporting Hotline at 1-833-597-2337, report online at <https://secure.kentucky.gov/formservices/Labor/KYSAFER>, or call BRDHD's COVID-19 Information Line at 270-781-8039.

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